# Welcome to Kindergarten Orientation Tuttle Avenue

THITTE AVENUE SCHOOL

2024-2025

Jeanmarie Zambelli Principal

May 2024

Together We Build Excellence





## Welcome

Eastport-South
Manor Central
School District











#### **District Administration**

**Superintendent:** 

Mr. Joe Steimel

Eastport-South
Manor Central
School District
We Build Excellence

Assistant Superintendent for Personnel & Student Support Services:

Mrs. Linda Weiss

Assistant Superintendent for Business & Operations:

Mr. Tim Laube

Assistant Superintendent for Curriculum and Instruction

Dr. John Christie



## **District Administration**

#### **Directors**

Director of ELA

Mrs. Laelana Alfredsson

**Director of Science** 

Dr. Jessica Mintz

**Director of Special Education** 

Mr. Ben Franquiz

**Director of Mathematics** 

Mr. Justin Grover

**Director of Facilities** 

Mr. James O'Connor

Assistant Director of Special Education

Mrs. Kathleen Petrneko

**Director of Social Studies** 

Dr. Steve Posselt

Director of World Language, ENL, FLES

Mrs. Stacey Chiavola

**Director Instructional Technology** 

Dr. Carole Polney



## Our PTO



Mrs. Angela Vona President Mrs. Laura Donato Secretary Mrs. Jamie Malloy
Treasurer



#### Eastport/Tuttle Parent-Teacher Organization

**<u>■ etepto@esmonline.org</u>** 

Website: http://www.eastporttuttlepto.com/

#### **Recent Letters & Notices**

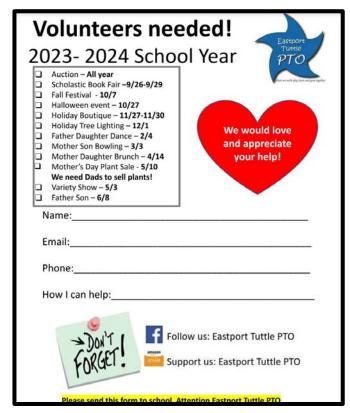
- Remind App
- 6th Grade Student Survey
- PTO Monthly Events 23-24
- Volunteer Form

#### **PTO Board Member Directory**

| President           | Angela Vona        | 631-504-7245        |
|---------------------|--------------------|---------------------|
| Secretary           | Laura Donato       | <u>516-810-8026</u> |
| Treasurer           | Jamie Malloy       | 203-414-7732        |
| <b>Board Member</b> | Claire Arato       | 631-241-7056        |
| <b>Board Member</b> | Kim Buckshin       | 631-806-9782        |
| <b>Board Member</b> | Sue Congema        | <u>516-351-0874</u> |
| <b>Board Member</b> | Kristin Ferrara    | 631-902-1768        |
| <b>Board Member</b> | Lori Froelich      | 631-487-2028        |
| <b>Board Member</b> | Krista Fungeld     | 631-848-3761        |
| <b>Board Member</b> | Dani-Marie Dicecco | 631-786-8991        |

## Through the Years.... The PTO has done so much for us!!











Special Education Parent Teacher Organization

#### **Welcome to ESM SEPTO**

#### <u>esmsepto@yahoo.com</u>

We are a district-wide Parent Teacher Organization that offers information and support for Parents & Teachers of children with special needs, any student with an IEP, 504, a or in need of extra support. These meetings are open to everyone. We have speakers discuss different topics that will support the children with physical, developmental and learning disabilities. If you are interesting in supporting SEPTO, click here for additional information.

#### **SEPTO Committee**

Information coming soon!

#### PLEASE JOIN THE ESM SEPTO

We encourage all parents to join the ESM Spocial Education Parent Teacher Organization! We are a district-wise parent-feacher organization focused on providing information and support for parents and teachers of children with IEPs, 504 plans, or those just beginning the process. These meetings are open for everyone to attend. We often invite guest speakers to discuss different topics that will support children with physical, developmental, and having disabilities throughout the year it spring SEPTO, your spring SEPTO, you have the province or spring spring SEPTO, you have the province of the spring SEPTO, you have the province the spring SEPTO, you have the province the province the spring SEPTO, you have the spring SEPTO, you hav

- Join a network of parents and professionals who advocate and support students with disabilities.
   Become a more informed parent who serves to bridge the gap between the district and the
- community.
- · Receive Email notifications about upcoming meetings, special events, and fundraisers.
- Gain access to handouts and information from all SEPTO meetings.
- Get up to date information on resources, conferences, etc. within the Long Island area.
   Gain access to volunteer opportunities for special events and fundraisers.
- Have the opportunity to provide input on specific topics you would like to see addressed at our meetings.



If you are interested in becoming a member of SEPTO, please fill out the information on the bottom and return it with your 270 donation to your child's classroom teacher. Please address all personal checks/envelopes to ESM SEPTO Inc. All personal information will be kept confidential. Your SEPTO donation will support guest speakers, special events, promotional filerature, contributions to the school, and the ESM pupper program, designed to promote assureness and acceptance of all disabilities and the ESM pupper program. designed to promote assureness and acceptance of all disabilities or the program of the school of the program designed to promote assureness and acceptance of all disabilities.



#### ESM SEPTO Membership Form 2023-2024

| Name:   | F            | hone #:                                  |
|---|--------------|--|
| E-mail:   |              |  |
| If you are a parent, which school does your chill | d attend?    |  |
| If you are a teacher, at which school do you tea  | ch?          |  |
| Topic suggestions for upcoming meetings:          | 10000        | - (3)                                    |
| I would like to volunteer (Please circle one):    | Yes No       |  |
| "NOTE-Most of our communication is done thro      | ough e-mail. | If you are unable to provide one, please |
| know how you would like us to contact you"        |              |  |

\*Distribution of this flyer does not constitute endorsement of an event or organization and/or agreement with the material content by the District of the Board of Education.





## Safety





# Social Emotional Needs of our Children





- We follow the 7 Habits of Happy Kids Leader in Me
- We begin the year with "Start with Hello"
- Morning announcements remind children of what we are working on
- Leadership Journals are filled through the year
- Weekly 'Storytime Assemblies with Mrs. Zambelli"
- Monthly Leadership Assemblies
- Leadership Roles throughout the building
  - Announcers, greeters, Student Ambassadors, Peer Buddies





Remember the ABC's of Tuttle Avenue School

Recuerden los A, B, C's de Tuttle Avenue

Always be Kind

Be Respectful

AND

Care for Eachother



#### The 7 Habits

The 7 Habits of Highly Effective People is one of the key frameworks of the Leader in Me process. The 7 Habits help students learn and apply communication, collaboration, critical thinking, creativity, and social-emotional skills. Additionally, the 7 Habits give students, families, and staff members a common language and are essential in building a strong leadership culture at our school.

#### Habits for Leading Yourself

Habit 1: Be Proactive

Habit 2: Begin With the End in Mind

Habit 3: Put First Things First

#### Habits for Leading Others

Habit 4: Think Win-Win

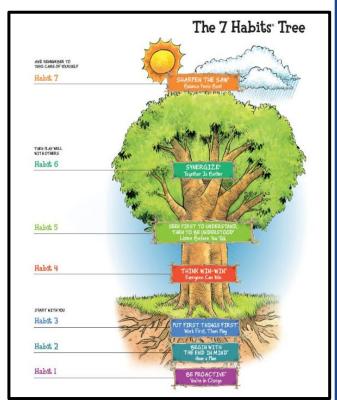
Habit 5: Seek First to Understand, Then to Be Understood

Habit 6: Synergize

#### Habits for Renewal & Contribution

Habit 7: Sharpen the Saw

Habit 8: Find Your Voice, and Inspire Others to Find Theirs





#### Habit 1 - Be Proactive

#### The Habit of Choice

Proactive people choose their own way and take responsibility for the results. You are being proactive when you:

- Remain calm.
- Take responsibility.
- Think before acting.
- Focus on solutions.
- Take initiative to make things happen.
- See alternatives, not roadblocks.
- Focus on what you can influence.



#### <u>Kid Language</u>

You're in Charge: I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

Ways to practice Be Proactive:

- Start sentences with "I choose to..." "I get to..." "I
  want to..." "I can..."
- The next time you feel bored, do something nice for someone else.
- Try doing something today that you've always been scared to do. Make a new friend or raise your hand in class.
- If you do something wrong, say you're sorry before someone asks you to apologize.



#### Habit 2 - Begin with The End In Mind



People who begin with the end in mind have a plan. They create a Personal Mission Statement that they live by every day.

You begin with the end in mind when you:

- Set short term and long term goals.
- Plan the steps you need to take to reach your goals.



#### **Kid Language**

Have a Plan: I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.

Ways to practice Begin With the End in Mind:

- Lay out your clothes for tomorrow before you go to bed.
- Get out a pencil and a piece of paper and write down three goals you want to do. Put the paper in a safe place where you can see it.
- We all have something we need to get better at, like doing our homework, brushing our teeth at night, or obeying our parents. Pick one thing you need to do better. Start doing it.



## HABIT Put First Things First

## Habit 3 – Put First Things First

## The Habit of Integrity and Execution

People who put first things first focus on the important, not just the urgent, act on priorities, plan weekly and act daily. You are putting first things first when you organize your time around the most important things and eliminate the unimportant.

#### Kid Language

Work First, Then Play: I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.

Ways to practice Put First Things First:

- Talk with your family about your most important jobs or responsibilities, such as doing homework, making the bed, or taking out the garbage.
- Do your chores before being asked.
- Do the hardest part of your homework first.
- Think of something you've been putting off for a long time, like cleaning up your room or pumping up the flat tire on your bike. Go do it right now!





#### Habit 4 - Think Win Win

#### The Habit of Mutual Benefit

People who think win-win believe that there is plenty for everybody and that one person's success in not achieved at the expense of others - win-lose.

#### **Kid Language**

Everyone Can Win: I balance courage for getting what I want with consideration for what others want. I make deposits in others' Emotional Bank Accounts. When conflicts arise, I look for third alternatives.

Ways to practice Think Win-Win:

- Ask an older person what the golden rule is. After you know, try it out on someone.
- Try to go one whole day without sulking, pouting, or feeling sorry for yourself.
- The next time you want to argue or fight with someone about who should get the best toy, ask, "How can I make you happy too?"
- Make a "wish poster". Start by drawing a line down the middle. On one side, cut and paste magazine pictures of things you want (like an ant farm). On the other side, cut and paste pictures of things your mom or dad want (like a clean room). Together, look at your "wish poster". See how you can work with each other to make both your wishes and your parent's wishes come true.



## Habit 5- Seek First to Understand and Then Be Understood

#### The Habit of Mutual Understanding

People who seek first to understand, then to be understood try to completely understand another person before presenting their own point of view. Habit 5 means balancing courage and consideration and expressing our views with clarity and respect.

#### **Kid Language**

Listen Before You Talk: I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.

Ways to practice Seek First to Understand, Then to Be Understood:

- Try to go one whole hour without talking even once.
   Instead, just watch the people around you and listen to what they are saying. Good luck!
- Think of someone in your life who you think is a good listener. What do they do that makes them a good listener?
- The next time one of your friends is sad, notice his/her eyes or the way he/she holds his/her body.
   Tell him/her you know he/she is sad and that you want to help.





### Habit 6 - Synergize

#### The Habit of Creative Cooperation

People who synergize understand that everyone has unique talents and that the whole is greater than the sum of its parts. They also work together to arrive at new and better alternatives.

#### <u>Kid Language</u>

Together Is Better. I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than anyone of us can alone. I am humble.

#### Ways to practice Synergize:

- Write down three things that you're really good at. Then write down three things that someone else you know is good at.
- Watch your favorite sports team play a game. Pay extra attention to how all of the players work together as a team.



## Sharpen the Saw

#### Habit 7 - Sharpen the Saw

The Habit of Daily Self-Renewal

People who sharpen the saw understand that they need to take time for themselves because it gives them the ability to do everything else. When we sharpen the saw, we are preserving and enhancing the greatest asset we have – ourselves. We regularly renew our body, mind, hearts and spirit.

#### **Kid Language**

Balance Feels Best: I take care of my body by eating right, exercising and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I find meaningful ways to help others.

Ways to practice Sharpen the Saw:

- For two nights in a row, go to bed early and see how great you feel when you wake up!
- For one whole week, read for twenty minutes every day.
- Today go play with someone who you haven't played with for a long time.
- Go to one of your favorite spots in nature, like a mountain, a park, or a stream. When you get there, think about all the things in your life that make you happy, like your grandma, your grandpa, your dog, a fun toy, or playing with your friends.



## A Typical Day in Kindergarten



Field Trips Minimum of three trips Morning Meeting

Snack

Reading/Writing Workshop

I-Ready/First in Math/See Saw

Specials

Science/Social Studies

Lunch

Math

Centers/Socializing/Outdoor Recess



## **Chromebooks**

Every child in the district a Chromebook. Kindergarten students get theirs sometime in late September, early October.



## Reading and Writing: Workshop Model

We use the resources from Teacher's College as part of our Balanced Literacy Approach to teaching reading and writing.

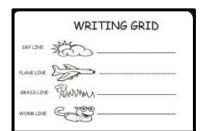
Minilesson

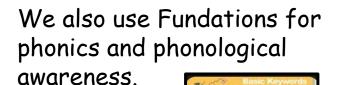
Small group work

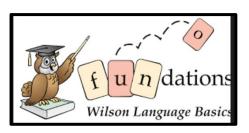
Independent practice

Centers











## Social Studies, Math and Science

#### Social Studies:

Myself

My Neighbors

My Community

Wants and Needs

Symbols of Citizenship

Rights and Responsibilities

Making Rules

#### Math

Count to 100 by 1's, 5's, 10's

Write numbers from 0 - 20

More/Less



Place Value



#### Science:

Science and Engineering - Constructing/Building

Disciplinary Core Ideas - Content/Forces

Crosscutting Concepts - Math/ELA



Example: Create a 'sunbrella' to stop the ice cubes from melting.

## **Specials**

#### Your child will have:

Art



**STEAM** 



Music

FLES/World Language-

(Foreign Language in

Elementary

School)



**Physical Education** 

Two a Day!!!





We use a 4-Day Rotating Schedule.

(Day1, 2, 3, and 4)



Library



### **Nuts and Bolts of Tuttle**

#### Nuts and Bolts of Tuttle Ave. School



First Day of School: Wednesday, September 6, 2023

Virtual Backpack: All information needed for this school year can be found on our Tuttle Avenue School Webpage. https://www.esmonline.org/schools/tuttle\_avenue

School Hours: School hours for grade K-2 at Tuttle Avenue School are 9:15 A.M. - 3:45 P.M.

#### School Transportation

Bus Riders: Please be sure to read the bus route schedule and identify your child's correct bus letter, the routes may change every year. If you do have any questions regarding the schedule, our district transportation coordinator will be able to assist you at 631-801-3009. - A link for Transportation information can be found on our Tuttle homepage.

Students who take a bus should plan to be at the bus stop at least fifteen minutes before the scheduled pick-up time. We will have plenty of friendly faces to greet your children as they get off the bus at school and guide them to their classrooms. Kindergarten students will be escorted off the bus first and guided to our front main doors. All kindergarten students should wear the name tag provided to them. First and second graders will be guided to the doors by the cafeteria.

First and second grade students will enter through the doors next to the cafeteria



Kindergarten students will enter through the front

Walkers — Walkers will wait on the east side of the building by our fire path. Please stay with your child until an adult allows him/her to enter the building. Walkers will be invited in at 9:11.



Lunch —As we are a Peanut Aware School no tree nut or peanut foods will be allowed in the classrooms for snack. These items can be consumed in the cafeteria. Students will be able to buy hot or cold lunch or bring their own.

Recess - Students will have recess everyday rain or shine. During inclement weather recess will be held indoors. We will make every effort to get your children outside daily to get fresh air and some exercise! Please be mindful of the weather and dress your child accordingly.

#### Dismissal

Walkers - If your child is a walker, parents should wait in the front of the school for their child to be brought out to them. Students will be called down to the walker line at 3:30. We will begin dismissing kindergarten first following by first and then second grade students. At dismissal you may park in the drop off lane. Adults picking up any child must show identification before any child can be released. Without identification a child will not be released to any adult. Be mindful that our buses will run late during the first week or so of school.

Bus Riders - Please ensure that that an adult is present at the bus stop when your child is dropped off at the end of the day. Kindergarten students will be brought back to the school if an adult is not present at the bus stop.

#### Absences/Tardiness

Please make sure you call the main office at 631-801-3059 when your child is absent. If your child is absent an automated call will go to your house, work, or cell phone if you haven't called the school before 10:00 A.M. Once your child returns to school, please send in a note with him/her stating the dates and reason why your child was absent from school. If your child arrives late to school, he/she must be signed into school by an adult at the main

#### **Early Dismissal**

I strongly encourage parents to try and schedule all activities and appointments after the school day. If it is an emergency and you need to pick up your child prior to the end of the normal school day you should do so prior to 3:15 P.M. due to safety precautions. In order to make the dismissal go as quickly as possible please notify your child's teacher or call the main office at 631-801-3059 stating that you will be picking him/her up at a certain time. Children will only be released to their parent/guardians or emergency contacts. Photo identification is required when releasing children to ensure your child's safety. If you need to make other arrangements, please email or callin advance to inform your classroom teacher and/or the main office of any changes in the dismissal procedure.

Student/Parent Handbook: Please visit our Tuttle Avenue Website

(https://www.esmonline.org/schools/tuttle\_avenue) and look under important links to find our TAS Student/Parent Handbook filled with helpful information.

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**TUTTLE AVENUE NUMBERS** MAIN OFFICE - 631-801-3058

ATTENDANCE - 631-801-3059

NURSE - 631-801-3070

MAIN OFFICE FAX - 631-325-1952

NURSE FAX - 631-325-1963



This is on our Website:

Tuttle Avenue



#### **Trust Us!!**

Kids are like popcorn kernels, they don't all pop at the same time.



## School Contacts

Mrs. Jeanmarie Zambelli - Principal

Mrs. Meghan Tria - Clerical

Mrs. Christine Kelly - Psychologist

Mrs. Helen Gardella - Social Worker

Mrs. Maureen Simon - School Nurse

Mrs. Lentini - Reading Teacher

Ms. Murray - ELL Teacher

Mrs. Huebner; Mrs. Morrison; Mrs. Jaffe - Speech

Mr. Bancroft - Lead Custodian

631-801-3058



Please do not request a teacher. My staff helps to create the most balanced classes using kindergarten screening information as well as information from UPK teachers.





## Communication

Information can be found on our website under Parent Resources





#### Follow Us On Twitter @esm csd



#### What is Twitter?

Twitter is a social media site and app that lets you post text-based messages called tweets. These can be up to 280 characters long. As well as "tweets", you can post pictures and videos.

Twitter's purpose share information instantly to all the account's followers.





#### Follow Us On Facebook

#### Follow Us On Facebook

https://www.facebook.com / EastportSouthManorCSD/

Stay connected and up-to-date with what is happening across the District!

#### What is Facebook?

Facebook is a social networking website which allows users, who sign-up for free profiles, to connect with people, organizations, and events online. It allows users to share pictures, music, videos, and articles, as well as their own thoughts and opinions.







## Our District's Webpage

## **Eastport-South Manor Central School District**

Together We Build Excellence





## Kindergarten Screening

This is in Your folder



Dear Kindergarten parent.

It was so nice to meet your child during our kindergarten screening. We are looking forward to beginning our new school year in September. It will be here before you know it!!

#### Here are a few things you can work on with your child over the summer:

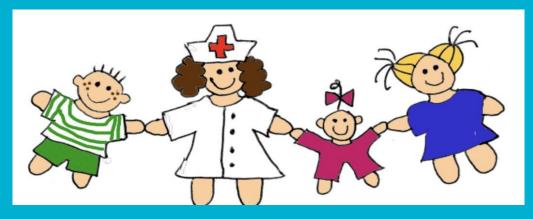
| day, phone number and address.                          |  |
|---|--|
| Counting to 20  |  |
| Identifying shapes: square, triangle, rectangle, circle |  |
| Counting from 1 - 20                                    |  |
| Letter Identification: Lower and Upper case             |  |
|   |  |

Thank you,

Kindergarten Screening Committee

- Dates June 10 June 14
- UPK students at Tuttle are pulled throughout the day
- Students NOT in UPK please sign up for a day and time
- Screened by:
  - PE Teacher
  - Reading Teacher
  - Nurse
  - Speech Teacher
- Feedback: Anything noticeable
   will be circled on form from
   Committee

## Welcome to Nurse Maureen's Kindergarten Orientation!!



Tuttle Avenue School 2024-2025

## Welcome to Kindergarten!



My name is Maureen Simon and I am the registered school nurse here at Tuttle Ave school. The students call me Nurse Maureen and I would like to welcome all the new students to our school! My office is the place for students to come if they are not feeling well or if they get hurt during the school day. It is very common for many kindergarten students to come to my office at the start of the school year.... they are having many new emotions and it can lead to physical ailments. I want all students to feel comfortable when they come to see me!

## **Medical Records**



It is very important that I have updated medical information on your child. All charts are reviewed for requirements such as a physical exam, immunization status, allergies, and any medical needs your child may have. If they have any allergies, especially to food items, it is imperative for me to be aware. If your child is diabetic, has asthma, has a seizure disorder or any other significant medical needs please notify me so we can come up with a specialized plan to keep them safe and healthy during the school day. If I have not received a health history form for your child yet, one will be given during the screening process in June. Please complete and return to me asap.

## Physical Exam Requirements



Physical exams are a NYS requirement and your child needs to have one for kindergarten. If you have other children in the district then here are the other grade levels that require a physical: Pre-K, 1st, 3rd, 5th, 7th, 9th, and 11th. Any physical dated from 9/6/2023 is valid for the 2024-2025 school year. The physical exam must be completed on the NYS Health Examination Form. If a physical is not received for your child, then our school district's doctor will examine your child, in my office, at no cost to you, at some time during the school year. If a physical exam is needed for your child, a copy of this form will be sent home during the screening process. Dental exams are requested but not a NYS requirement. If you would like to submit a dental form for your child, this form can be accessed on our school's website.

## **Immunization Requirements**



NYS requires certain vaccines for your child to attend school. All immunizations must be completed before the start of school. Religious exemptions are no longer accepted by NYS. If your child requires a medical exemption then there will be necessary documentation for your doctor to complete. If your child is on a delayed immunization schedule, then proper documentation is also necessary and must be congruent with the NYS vaccine catch-up schedule. Children will be excluded from school if they are not in compliance with NYS regulations. NYS LAW only allows a student to continue in school for 14 calendar days before exclusion. You will receive a letter from me in June if your child requires any immunizations. You can access the list of required immunizations on our school's website.

## Medications



If your child requires medication during school hours, either prescription or over the counter, then a doctor's order is necessary. A parent's signature is also required for consent. Any medications must be brought to my office by an adult. No student is permitted to transport medications on the bus. You will receive a medication form during screening if I suspect your child may have a need (example- asthma or food allergies) You will also receive our district requirements for medication administration. All expiration dates will be kept on file, and you will receive a letter from me when the expiration date is approaching so new medication can be brought to my office.

## Allergies



Food allergies are growing in our communities and we have several students in the school with life threatening food allergies. Our district has made all our classrooms "Allergy Aware". This means that no peanut or tree nut containing items may be brought into ANY classrooms for snack. These items may be consumed in the cafeteria only. We understand that other food allergies also cause anaphylaxis. Additional restrictions may also be placed in certain classrooms.

## Allergies- continued

If your child has a severe food allergy you will receive the proper documentation from me on the day of their screening to be completed by your doctor. If you do not receive it, please contact me directly. A copy of our cafeteria seating request form is also included in this documenation. Any student with severe food allergies have the option to sit at an allergy aware table.

Please note- any classroom celebrations are NOT permitted to have food or snacks brought into the classrooms. This is for the health and safety of all of our students.

## Screenings & BMI Reporting



NYS requires grade level screening for both near and distance vision acuity, color blindness, and hearing in Kindergarten. If your child wears glasses, please make sure they come to screening with them. Once I conduct the screening, if not completed by your physician, and there is a possible concern, you will receive a letter from me to refer to your physician. Please do not panic, many times the student is too shy, fearful, or unable to follow instructions at that time. If I feel that is the cause, I will wait and re-screen at a future time. You can access a form on our school's website to learn more about NYS screening requirements.

NYS also requires BMI and weight status group to be included on a physical exam. This information can be used on a survey from NYS DOH. For more information or for BMI reporting exclusion please refer to our school's website.

## When to stay home!!

Infection control and the health and well being of the students at Tuttle are very important to us all. It is imperative for students to stay home if they are ill. Your child should stay home if they have exhibited any signs or symptoms of illness. If your child is diagnosed with a communicable illness during the year, please notify me.



## When to be picked up from school!!



You can expect to hear from me if your child comes to my office with any signs or symptoms of illness. It is important for your child to be picked up in a timely manner for their own health and well-being as well as for the others in the building. Please ensure your emergency contact information is current and correct.

You may also hear from me if your child is injured during the school day or has a change in their condition. This may be just to notify you of the occurrence and it may not be necessary for you to pick- up your child.

Most times my phone calls begin with "This is Nurse Maureen, there's no emergency". Do not fear my calls:)

## **Bathroom Accidents**



Bathroom accidents do happen more than you can imagine and at all grade levels. Even if your child has not had an accident in 2 years, chances are it will happen in school. Many times, it is because they are "holding" it longer than they should, or they forget! Please provide a change of clothes to keep in your child's backpack. I do have a supply of clothes in my office, but children feel most comfortable in their own. If they do borrow clothes from me, please wash and return them as soon as possible. Students also soil their clothes from food/drink and at recess.

## **Healthy Habits**

At a time more than ever, good healthy habits are important. These healthy habits begin at home and continue to be promoted here in school! Proper handwashing is the key to success! I will talk to the students about germs, read stories, and teach them good handwashing techniques. Please keep this practice up at home too!



## **Good Luck in Kindergarten!**

I understand this is a challenging time for you, and our kindergarteners, so please do not ever hesitate to reach out to me! I am here to listen, to guide, and to take care of all the children in the building. It is a joy and a privilege to care for them!

Tuttle Nursing office: 631-801-3070

Tuttle Nursing fax: 631-325-1963

Email: simonm@esmonline.org



All heath forms can be found on our district's website under central registration. They can also be accessed on our Tuttle site. Go to "Home > Our Schools > Choose Tuttle Ave > Our School > Virtual Backpack"